

WHAT IS NYAOPE/WHOONGA

Nyaope, also known as whoonga, is a dangerous and highly addictive South African street drug. Nyaope is a fine white powder that is usually combined with marijuana (dagga) and smoked.



SYMPTOMS

- Stomach cramps
- Insomnia
- Diarrhea
- Vomiting

WHAT ARE THE EFFECTS OF USING NYAOPE?

Initially users feel euphoric (feeling intense excitement and happiness). Or, when using heavier doses, a wonderful sense of relaxation, but the effects soon wear off and another hit is required.

For some the less pleasant side effects include a painful stomach, muscle cramps and generally feeling really ill, but when these ease up, they use again.

Experts say just using it once is enough to get users hooked - similar to heroin addiction.

Withdrawal is said to be especially harrowing and include symptoms of stomach cramps, insomnia, diarrhoea and vomiting.

DANGERS

It is not always clear what all of the ingredients of nyaope are, and the ingredients may vary from place to place. But one thing is clear;

Nyaope is made of lethal combination of substance, which can include heroin, detergent powder, rat poison, and crushed anti-retroviral drugs (ARV'S). ARVs are the medications used to treat patients with HIV.

Nyaope is relatively cheap – about R 20 for one hit – and a person can become highly addicted after using the drug only once. A user will soon feel as if he needs several hits to make it through the day.

Nyaope first appeared in townships around Durban in 2010, but is reportedly moving to impoverished areas around South Africa.

Nyaope is a serious threat to South Africa HIV- positive population. There have been reports of gangs robbing HIV/AIDS clinics in Soweto to obtain ARVs for making Nyaope, as well as addicted users mugging patients to obtain the drugs for themselves.

As with all street drugs, the best way to deal with nyaope is never, ever try it. If you are addicted to Nyaope, go to the nearest health clinic and find out how to enroll into a drug rehabilitation programme.

**DON'T
HUFF,**

**DON'T
PUFF**

**KEEP
AWAY
FROM
THAT
STUFF**



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**THE GRUESOME
FACTS ABOUT**

**NYAOPE or
WHOONGA**



*Published in the interest of a
more sustainable, healthy
lifestyle rather than being a
Captive of drugs!*